HOST THOUGHTFULLY 013

Let Guests In on Your Favorites



SHARE THE SOURCES BEHIND THE PLATE.

If a favorite ingredient or producer helped shape the dinner, share that connection naturally. A brief story can give guests something to notice and a source to try themselves.

1 Choose a detail worth sharing

Mention the grower, market, baker or producer behind an ingredient you enjoy. Explain what made it right for this dish.

Why: A specific detail gives the introduction more meaning than simply calling an ingredient special.

2 Keep the story brief

Offer a sentence or two as you introduce the plate. Let guests begin eating rather than waiting through a long explanation.

Why: The story should support the dinner and leave space for conversation.

3 Make the source easy to find

Keep the name or product details available if someone asks. Share the source or recipe after dinner when useful.

Why: Guests can recreate something they enjoyed without trying to remember every detail.

PUT IT INTO PRACTICE

A simple introduction

'These tomatoes came from the market this morning. I kept the preparation simple because I liked their flavor.'

Explain the choice

Talk about a quality you noticed: the bread's crust, the olive oil's flavor or the vegetable's texture.

Invite curiosity

If someone asks more, enjoy the exchange. You do not need a speech for every ingredient on the plate.

Let the food lead

Share enthusiasm without ranking guests' tastes or turning the meal into a product presentation. The experience belongs to everyone.

THE PLATING MINDSET

Give guests a small connection to what you chose. Sharing a favorite source can extend the pleasure of dinner.